Dear Students,

In an effort to keep you connected and healthy, we are writing to remind you that TouroCOM offers on-site mental health services through our Licensed Clinical Social Worker, Lenora Koffman.

Lenora Koffman, LCSW-R  
Social Worker  
60 Prospect Avenue; Room 119  
Middletown, NY 10940  
Phone: (845) 648-1331  
[lenora.koffman2@touro.edu](mailto:lenora.koffman2@touro.edu)

Mental health services are free, confidential, and available by appointment, walk-in when available, by phone if you are away on rotations, and immediately in emergency situations.

Lenora is available by appointment:

                Monday – Thursday: 9:00 a.m. – 5:00 p.m.  
                Friday: 9:00 a.m. – 2:00 p.m.

Please note, on every floor of the school building, you will find posters of Behavioral Health Care Resources in the area.

You can find answers to questions about Mental Health Services on the TouroCOM website: <http://tourocom.touro.edu/counseling--wellness/>

Finally, if you are in need of mental health services outside of Lenora’s times or prefer to see someone else, a list of off-campus resources is available to you on the TouroCOM website: <http://tourocom.touro.edu/counseling--wellness/off-campus-resources/>

Thank you and please do not hesitate to be in touch with any member of the Department of Student Affairs should you have any questions.

Lenora Koffman, LCSWR