

OMS WELLNESS WEEK

September 26th – September 29th



CHECK OUT THE EVENTS:

Tuesday

10:30am-11:30am: (the following will take place in the Atrium)

Breakfast for all Student-Wellness Committee
Wellness Cards – Wellness Committee

5:15pm - 6:15pm: (Classroom 2)
Yoga - Wildsoul

Wednesday

12pm-1pm: (the following will take place in the Atrium)

Cupcake Decoration – Public Health Club
Polaroid Project – SOMA/AMSA
Wellness Cards_ Wellness Committee
Therapy Dog Mishka & Marian
Slime Making -Wilderness Club

Evening:

Tea Time

Thursday

12pm-1pm: (the following will take place in the Atrium)

Disney Coloring & Soon's Apple Cider -AMA
Polaroid Project -SOMA/AMSA
Twister & OMM – Armed Forces
Hand Prints -Peds Club
Wellness Cards -Wellness Committee
Carvel Ice Cream (because everything is better with
ice cream 😊)

6pm-7pm: (classroom 2)

Zumba – Johnathan & Mae from YMCA

EVENT HAPPENING ALL WEEK:

Relaxation Room

All Day! -

PsychSIG

(Fishbowl)

KEEP A LOOKOUT ON FACEBOOK FOR ANY LAST MINUTE CHANGES.